

The Master

(Introduction to Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji)

*A rare living Avatar from India, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji, is a compelling spiritual force of this millennium. Working and sharing with over 20 million people worldwide every year, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji is committed to help humanity make the next big evolutionary breakthrough: into Superconsciousness.

*As a spiritual genius with an enlightened insight into everything from management to meditation, from relationships to religion, and from success to sannyas, Dr.Rupnathji brings to us a wealth of practical wisdom, ancient meditation techniques and powerful tools for lasting inner transformation. An incomparable spiritual healer, Rupnathji has healed thousands of people of diseases ranging from depression to cancer, often with a single touch. Today, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji is currently the most watched spiritual master on youtube, and the bestselling author of over 300 books in 27 languages.

*Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji is named among the 100 most spiritually influential living personalities on the planet by the world's largest and oldest esoteric magazine Mind, Body, Spirit – a spiritual magazine published in UK! His name is mentioned along with Nelson Mandela, Oprah Winfrey, Paulo Coelho and others.

Cosmic/Heavenly/Akashic reading: Accessing the divine intelligence

*As Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji read, a number of surprising revelations came to light on topics as diverse as why did Judas betray Jesus and what is the mystery of the Bermuda Triangle, to locating a missing husband. Follow-up research has confirmed the veracity of the information.

*What happened to Atlantis? What is the mystery of the Bermuda triangle? Is there life on other planets? Where do we go after death?

*Have you ever imagined what it might be like to open up a book and find the answers to the world's greatest mysteries? What if you could have an encyclopedia for the universe, in which the answer to every possible question lay open for you to read, from the tiniest query, like where to find a lost household item, to the greatest mysteries of the cosmos.

*Ancient spiritual traditions worldwide speak of a source of all knowledge which can be consulted by mystics, and accessed through certain states of trance. The most common names for it are "The Book of Life", "The Hall of Records" and "The Akashic Records".

Sky/Akasha as spiritual concept

*Akasha is a word from the ancient Indian language of Sanskrit, thought by scholars to be the oldest written language on Earth. Akasha is the term for the "fifth element". The first four elements are well-known to most of us: air, fire, earth and water. These are the alchemical building blocks of all matter. The fifth element is referred to in various traditions as "space", ether, spirit and sky. It is the parent element from which the others spring and into which they all ultimately dissolve. It represents the cosmic ocean of energy which contains all possibility.

*Every molecule in the universe carries the possibility for self-awareness

*That one of its definitions is "spirit" is not a coincidence. Ancient mystics understood that energy and space have consciousness. The "Sea of Consciousness", as it is called in the Hindu Vedic scriptures, is not random. It has innate intelligence. It is aware of itself. The creations it gives birth to likewise have the potential for independent intelligence. Every molecule in the universe carries the possibility for self-awareness.

***Every event that has ever occurred anywhere is recorded in the Akashic Records**

Each action, thought and emotional impulse in us leaves a “trail” of energy, an imprint on the cosmic ocean, just as a boat leaves a wake in the water as it passes. These energy trails are recorded in the akasha: they are inscribed onto the ether. Every event that has ever occurred anywhere to any entity, no matter how tiny, is recorded in the Akashic Records.

Because humans think of information as contained in books, mystics generally perceive the Akashic Records as a book, written document, or library of books. More recently with the advent of cyber technology, the Records have been compared to a giant computer system. Some traditions such as the Egyptian mysteries describe tablets of precious stone in which the writing is carved by fire. Reports have been consistent, however, that the information is written and can be read. It is of course written beyond any language used on Earth, and so the reading will be seen and narrated in the language of the reader.

***The vedic science of the akashic records.**

*The spiritual tradition from which Sanskrit took form is Vedic. Vedic Tradition is the ancient and venerable foundation of present-day Hinduism, born in the lush plains of the Saraswati River in what is now northern India. It was Vedic spirituality which first revealed the existence of the Akashic Records to humanity. The understanding of five elements from which all matter arises also originates in the Vedas, the earliest sacred texts which give the culture its name.

***Vedic spirituality was founded on practical scientific understanding**

Vedic spirituality was founded on practical scientific understanding. We know that its technology was astounding, for its people have left feats of engineering and architecture that challenge our skills today. They were able to transport gigantic stones across great distances and build structures with

mathematical precision, some in open contradiction to what we believe is possible. They have left traces of highly sophisticated medical and surgical knowledge, astronomy, navigation and agriculture.

***In the Vedic culture, mysticism and materialism worked side by side.**

In the Vedic culture, the external world merely reflected the world within: mysticism and materialism worked side by side. Not only were they not separate entities, they were not even separate concepts. We therefore can confidently conclude that the Akashic Records have a scientific basis. But can it be proven?

***Akasha is an all-encompassing medium that underlies all things.**

Contemporary quantum physics has been accomplishing exactly that task during the past twenty years. The post-Einsteinian physics explosion has opened new vistas in the understanding of energy, the creation process (how energy becomes matter and the reverse), and the concept of consciousness as the cornerstone of the universe.

***The ancient Rishis reached it through a disciplined, spiritual way of life..**

The most exhaustive research to date has been set forth by Ervin Laszlo, Sorbonne Doctorate, Nobel Prize nominee and 2001 winner of the Japan Peace Prize. In his exciting work on the innate nature of cosmic consciousness, Dr Laszlo describes an energy field, like the electromagnetic and gravitational fields, which records and transmits all information generated by any event, organism or object. If not for this field, evolution would be random and the highly narrow combination of conditions which support life on Planet Earth would be beyond the possibility of coincidence. The universe is far too efficient to be operating without creative intelligence. He calls this force the Akashic Field, pointing out that the ancient Vedas exactly describe the qualities and abilities he has observed firsthand. In his book Science and the Akashic Field, he states:

“In the Sanskrit and Indian cultures, Akasha is an all-encompassing medium that underlies all things and becomes all things. It is real, but so subtle that it cannot be perceived until it becomes the many things

that populate the manifest world. Our bodily senses do not register Akasha, but we can reach it through spiritual practice. The ancient Rishis reached it through a disciplined, spiritual way of life, and through yoga. They described their experiences and made Akasha an essential element of the philosophy and mythology of India.”

Dr. Laszlo goes on to quote the famous sage of India, Swami ji:

Everything that has form, everything that is the result of combination, has evolved out of this Akasha.

“ According to the philosophies of India, the whole universe is composed of two materials, one of which they call Akasha. It is the omnipresent, all-penetrating existence. Everything that has form, everything that is the result of combination, has evolved out of this Akasha. It is the Akasha that becomes the air, the liquids, the solids; it is the Akasha that becomes the Sun, the Earth, the Moon, the stars, the comets; it is the Akasha that becomes the human body, the animal body, the plants, every form that we see, everything that can be sensed, everything that exists. At the beginning of creation there is only this Akasha. At the end of the cycle all melts into the Akasha again, and the next creation similarly proceeds out of this Akasha.”

Dr. Laszlo, along with a number of fellow researchers, postulates that the Big Bang creation model is insufficient to explain many conundrums of quantum physics. He offers an alternate theory: that Big Bang is only one of many phenomena, springing from a meta-universe, or Metaverse which has always existed and will continue to exist.

He writes: “The most fundamental element of reality is the quantum vacuum, the energy- and information-filled plenum that underlies, generates and interacts with our universe and with whatever universes may exist in the Metaverse”.

The cycles of samsara — of being-to-becoming and becoming-to-being are the leela of Brahman..

He continues: “In Akasha, all attributes of the manifest world merge into a state that is beyond attributes: the state of Brahman. “Although it is undifferentiated, Brahman is dynamic and creative. The

cycles of samsara — of being-to-becoming and becoming-to-being are the leela of Brahman: its play of ceaseless creation and dissolution. “

What the new physics describes as the unified vacuum is the most fundamentally real element of the universe

Dr. Laszlo observes that this perspective is new to Western thinking, which holds that the ultimate nature of reality is material. However, the leading edge of science even in the West has now confirmed the opposite.

“ What the new physics describes as the unified vacuum — the seat of all the fields and forces of the physical world — is in fact the most fundamentally real element of the universe.”

Reference: Laszlo, Ervin, Science and the Akashic Field, second edition, Inner Traditions 2007.

In this quantum vacuum which Vedic tradition calls Brahman, we can see the analogy of the cosmic ocean. Every quantum, every scrap of energy leaves an imprint of its being-and-becoming and its reverse journey. That information remains to be read by anyone with the intention and ability to do so. It is also transmitted wordlessly between energy particles through the entanglement process.

Akasha in sacred scripture

Many scriptures describe the space of Akasha, although some may give it a different name.

The Isha Upanishad, one of the most ancient and most venerated writings to have descended to the present day, opens with an invocation which has become a pillar of Vedic tradition:

“Om, poornamadah poornamidam poornat poornamudacyate I poornasya poornamadaya poornameva avashishyate” II

“All is Fullness. From fullness, fullness results. When fullness is removed from fullness, what remains is still fullness.”

From the Infinite sprang this universe and many other universes. No proof exists as to how the universe was created

A commentary by Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji, a young enlightened master in India today, expounds further:

“From the Infinite sprang this universe and many other universes. No proof exists as to how the universe was created. The biblical story of creation and the (Hindu) story of Brahma and pralaya, the great deluge, are metaphorical stories that essentially point towards a supreme energy responsible for the universe. However, the universe was always there.

For every birth there is a death. Yet how did the original birth happen?
It never did. It was always there..

The Big Bang theory does not explain how big bangs still continue if that was what caused the universe. For every big bang that creates new stars and galaxies in some part of the universe, there is a black hole somewhere else resulting in disappearance of stars and galaxies. For every birth there is a death. Yet how did the original birth happen? It never did. It was always there.”

Reference: Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji, Bhagavad Gita Demystified, Intellectual Sciences 2011, pp 1006-7.

Bhagavad Gita, the best-known sacred book in Vedic literature, tells us that Akasha is embodied in Sri Krishna, the divine being who authored the text. In Chapter 15, verses 17 through 20, Krishna says:

“Besides the purusha (male principle of energy) and the prakriti (female principle of matter) there is the supreme Purusha, the Lord Himself, who provides and sustains the three worlds.” (v 17) “As I am transcendental, beyond the perishable and the imperishable, I am declared both in the world and in the Vedas as that supreme person, Purushottama.” (v 18)

Reference: Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji, KA.

Reading the akashic records

There are many forms of consultation available to those who seek mystical advice. A commonly asked question is how akashic readings may differ from channeling sessions and seances.

The answer lies in the difference between the unconscious and superconscious states. During channeling and mediumistic sessions such as seances, the medium’s consciousness is shifted aside to allow the presence of a guest entity or entities, which speak through the medium’s body. The medium usually does not recall what was said or what occurred during the session.

The medium’s trance state is at a low level of awareness, similar to hypnotism, so it is possible for the medium’s own suppressed emotions to surface during a session and contaminate the reading. Likewise, visiting entities do not always have a clear agenda and may or may not make accurate statements. It is questionable as to how reliable mediumistic information can be.

In akashic reading, the reader’s frequency is stepped up to the superconscious state

In an akashic reading, the reader's frequency is stepped up to the superconscious state, where full awareness is retained as well as the simultaneous ability to view information from other realms. Even in the superconscious state there can be reservations, as is stated below.

A number of psychics and clairvoyants have reported viewing the akashic records, and some offer professional readings for clients. However, there can be a danger, described by Alice Bailey in her book *Light of the Soul, Its Science and Effects: The Yoga Sutras of Patanjali*.

Only a trained occultist can distinguish between actual experience and those astral pictures..

She writes: ""The akashic record is like an immense photographic film, registering all the desires and earth experiences of our planet. Those who perceive it will see pictured thereupon: The life experiences of every human being since time began, the reactions to experiences of the entire animal kingdom, the aggregation of the thought-forms of a karmic nature (based on desire) of every human unit throughout time. Herein lies the great deception of the records. Only a trained occultist can distinguish between actual experience and those astral pictures created by imagination and keen desire." Reference; Bailey, Alice, *Light of the Soul, Its Science and Effects: The Yoga Sutras of Patanjali*, Lucis Publishing Company (April 1, 1983)

..the issue of karma can cloud the reading and even provide false information.

So the issue of karma — the pressure created by unfulfilled action — can cloud the reading and even provide false information. The skill of the reader is crucial in successfully and accurately sifting the truth from the great bulk of the records. Only an adept who understands the dynamics of karma and can recognize both its impact and its maya (capacity to deceive) is a trustworthy and dependable conduit for akashic readings.

Paramahansa Dr.Rupnathji is such a being. An enlightened master whose mystical training began in early childhood, he has the ability to open the dimensional doors to extraordinary experience, the clarity to discern karma and the power to release it, and an outstanding gift for communication.

The individual akashic records of each being are recorded in our DNA

Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji explains that the individual akashic records of each being are recorded in our DNA. Scientists have called this inactive genetic material “junk DNA” because it has no obvious function, but open-minded investigation has proven that biology does not furnish any “junk” tissue in nature. All organs and substances have a purpose. Leading-edge experiments with inactive DNA are revealing that it is simply dormant, acting rather like a storage area. Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji cites ancient Vedic science which confirms that the “storage DNA” of an organism contains that organism’s entire history, including all of its previous lives on Earth. It holds all the memories from each lifetime.

..reading the Akashic Records will be useful for you to become enlightened

“All the information you collected from all of your births is in your DNA. You can access some of them just to understand, and not to waste the time doing the same actions again and again, thinking you will have the joy at end of this action. If you have done certain action and you did not receive the joy which you wanted, and if you forget you did not have the joy, you will be trying it again and again in various ways. But if you remember you did not have the joy, you will not try it again. You’ll not waste your time on it again. So accessing the DNA code, reading the Akashic Records, will be useful for you in that way to become enlightened, and not to waste your time on these foolish things.”

IFRAME Embed for Youtube

This is release of karma through retrieval of our stored memories, by reading our akashic records internally. However, the process takes years or decades of dedicated sadhana — meditation practice. If the need for insight is urgent and time is a concern, we can request an experienced adept to obtain the information for us.

Not much scientific research is currently available on akashic reading, although with the advance of science into quantum physics and theories like entanglement being explored, the door is wide open. It would seem that many scientists do not want their research or their name associated with what is thought as spiritualism or occultism. Certainly for any miracle or mystery to be believed, there requires

a certain amount of faith, whether in the validity of science or in the validity of ancient teachings and records.

*Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji answers during akashic readings

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*On April 21, 2012, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji gave his first Akashic Reading, entering into the state of nirvikalpa samadhi, or conscious trance, to answer questions from a spellbound audience, via internet, across the world.

*What is the secret of the Bermuda Triangle? Did Judas really betray Jesus? Is there life after death?

*As Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji read, a number of surprising revelations came to light on topics as diverse as why did Judas betray Jesus and what is the mystery of the Bermuda Triangle, to locating a missing husband. Follow-up research has confirmed the veracity of the information. Some of the answers were unexpected in light of the news and information that the public is privy to today. Whenever someone publicly denounces an accepted reality, or offers a new reality, is natural for the majority among us to disbelieve it, but the prophet or visionary must do his job nevertheless. Even Galileo, who had noted that the earth revolved around the sun rather than the opposite, which was the popular belief in his time, was dramatically persecuted by the church in 1633 for his theories, which kept science and truth from advancing for many years thereafter. These same beliefs were already available in the Shatapatha Brahmana written by Yajnavalkya in the 9th-8th century BCE, and again concluded by Pythagoras in 540 BCE. In revealing truths from the Akashic records, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji is inviting us all to move forward in knowledge and understanding.

One questioner shares her experience:

In 1988 I met a homeless man and knew we were destined to be together. We had a son, my husband went insane, tried to kill us, and ultimately disappeared without a trace. When Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji said he would be accessing the Akashic Records and we could send questions, I was astonished! Finally, a chance to find out what happened to my son's father. During the Akashic reading Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji said my husband had committed suicide, something I had felt for a long time. We were apparently together in a past life, and his behaviour had caused me to commit suicide by hanging. We were together again in this lifetime to clear that karma. My task was to forgive him, which I did. He terrorized us again, so his karma remains. Paramahansa Dr.Rupnathji further said there will be medical signs of my past life hanging in this lifetime. In fact, I was born being 'hung', strangled, by my own umbilical cord, and it took the doctors six hours to free me! This Akashic reading has been one of the most astonishing gifts my son and I could have ever received.

AFEalgary, Us

What is the value of an akashic reading?

When we consider that life poses many questions to which we can find no answer, and that the answers may be available at a cosmic level, we can easily understand the wonderful gift in such an event. When the gift is offered to us by an enlightened being capable of not only delivering the truth, but of counseling us on our karmic dilemmas and of erasing our karma itself, we can count ourselves truly fortunate to have found such a precious guide for our lives.

SCIENCE OF SPIRITUALITY

CONSCIOUSNESS: THE NEXT FRONTIER OF SCIENCE

*Is it possible to live a superhuman life in this human body?

*Does such a state as 'enlightenment' really exist?

*Are some individuals actually wired differently from the rest of us?

*Are the expressions of an enlightened consciousness scientifically quantifiable?

*Can spiritual states be transmitted from master to disciple?

For centuries, science and spirituality have been battling it out on these issues of perennial importance for humanity. Although spiritual teachers have always maintained that enlightenment is a 'real' phenomenon, and a perfectly realizable goal for every human being, the scientific community has naturally been unwilling to accept this without solid proof. It is only in the recent past that science has made a sustained effort to demystify the ancient yogic sciences and accumulate sound medical evidence that explains why the spiritually super-evolved are blessed with 'powers' that the rest of us can only dream about.

In the past decade, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has been working closely with doctors, scientists and research groups across the world to throw more light on the mystical sciences rooted in the Vedic tradition, and reach the results and benefits of these sciences to people across the world. Although the results of these studies continue to intrigue the world of medical science, we now have growing proof that a range of extraordinary abilities do lie latent in every human being, just outside the sphere of our current experience. Not to be awakened by effort alone, these abilities (known in Sanskrit as siddhis) also ask of us a life of intense moral integrity, deep devotion to Truth and an unquestioning surrender to the flow of Existence - the Divine, the Tao, God or whatever else we may choose to call that most intimate mystery of our lives.

Poised delicately on the border of the scientific and the mystical, these phenomena serve to remind us, as Einstein was to famously observe, that science without religion is lame, while religion without science is blind. It also leaves us with the unsettling realization that we may be much more than we can ever imagine, divine beings merely enjoying a human experience, slumbering spiritual giants only awaiting the touch of awakening.

Tantra Siddha Maha Yogi Shastrishree Dr.Rupnathji's Works

Here is a list of Tantra Siddha Maha Yogi Shastrishree Dr.Rupnathji's Works as known to me.

Bhashya Granthas

By

Tantra Siddha Maha Yogi Shastrishree Dr.Rupnathji-

*Daily Hindu Wisdom

*Downloads

*Factoids

*Hinduism Evolution

*Hinduism Problems

*Karma Yoga

*Mahabharata: An Epic

*Mantras

*Meditation

*Ramayana

*Swami Vivekananda

*Upanishads

*What They say about Hinduism

*Viveka Choodamani

*Aparokshanubhooti

*Upadesa Sahasri

*Vaakya Vritti

*Swaatma Niroopanam

*Atma-bodha

*Sarva Vedanta Sara Samgraha

*Prabodha Sudhakaram

- *Swaatma Prakasika
- *Advaita Anubhooti
- *Brahma-anuchintanam
- *Prasna-uttara Ratnamaalika
- *Sadachara-anusandhanam
- *Yaga Taravali
- *Anatma-sree Vigarhanam
- *Swaroopaa-anusandhanam
- *Pancheekaranam
- *Tattwa-bodha
- *Prouda-anubhooti
- *Brahma Jnanavali
- *Laghu Vakyavritti
- *Moha Mudgaram (Bhaja Govindam)
- *Prapancha Saaram
- *Hymns and Meditation Verses
- *Sri Ganesa Pancharatnam
- *Ganesa Bhujangam
- *Subrahmanya Bhujangam
- *Siva Bhujangam
- *Devi Bhujangam
- *Bhavani Bhujangam
- *Sree Rama Bhujangam
- *Vishnu Bhujangam
- *Sarada Bhujangam

- *Sivananda Lahari
- *Soundarya Lahari
- *Ananda Lahari
- *Siva-paadaadi-kesaanta-varnana
- *Siva-kesaadi-padaanta-varnana
- *Sree Vishnu-paadaadi-kesanta
- *Uma-Maheswara Stotram
- *Tripurasundari Vedapada Stotram
- *Tripurasundari Manasapooja
- *Tripurasundari Ashtakam
- *Devi-shashti-upachara-pooja
- *Mantra-Matruka-Pushpamaala
- *Kanakadhara Stotram
- *Annapoorna Stotram
- *Ardha-naree-Natesvara Stotram
- *Bhramana-Amba-Ashtakam
- *Meenakshi Stotram
- *Meenakshi Pancharatnam
- *Gouri Dasakam
- *Navaratna Malika
- *Kalyana Vrishti-Stavam
- *Lalitha Pancharatnam
- *Maaya Panchakam
- *Suvarna Mala Stuti
- *Dasa Sloki

- *Veda Sara Siva Stotram
- *Siva Panchaakshara Stotram
- *Siva-Aparadha-Kshamapana
- *Dakchinamoorthy Ashtakam
- *Dakshinamoorthy Varnamala
- *Mrityunjaya Manasa Pooja Stotram
- *Siva Namavali Ashtakam
- *Kaala Bhairava Ashtakam
- *Shat-padee Stotram
- *Siva Panchakshara Nakshatra Mala
- *Dwadasa Ling Stotram
- *Kasi Panchakam
- *Hanumat Pancharatnam
- *Lakshmi-Nrisimha Pancharatnam
- *Lakshmi-Nrisimha Karunarasa Stotram
- *Panduranga Ashtakam
- *Achyuta Ashtakam
- *Sree Krishna Ashtakam
- *Hari Stuti
- *Govinda Ashtakam
- *Bhagavat Manasa Pooja
- *Praata Smarana Stotram
- *Jagannatha Ashtakam
- *Guruvastakam
- *Narmada Ashtakam

- *Yamuna Ashtakam
- *Ganga Ashtakam
- *Manikarnika Ashtakam
- *Nirguna Manasa Pooja
- *Eka Sloki
- *Yati Panchakam
- *Jeevan Mukta Ananda Lahari
- *Dhanya Ashtakam
- *Upadesa (Sadhna) Panchakam
- *Sata Sloki
- *Maneesha Panchakam
- *Advaita Pancharatnam
- *Nirvana Shatakam
- *Devyaparadhakshamapana Stotram
- *About Hinduism
- *Adi Shankaracharya
- *Bhagavad Gita
- *Brahmins
- *Chanakya
- *Brahma Sutras
- *Isavasya Upanishad
- *Kena Upanishad
- *Katha Upanishad
- *Prasna Upanishad
- *Mundaka Upanishad

- *Mandukya Upanishad
- *Mandukya Karida
- *Aitareya Upanishad
- *Taittiriya Upanishad
- *Chhandogya Upanishad
- *Brihad Aranyaka Upanishad
- *Sree Nrisimha Taapaneya Upanishad
- *Sreemad Bhagawad Geeta
- *Sree Vishnu Sahasranama
- *Sanat Sujateeyam
- *Lalita Tri-satee
- *Hastaamalakeeyam

SOME OTHER BOOKS WRITTEN BY TANTRA SIDDHA MAHA YOGI SHASTRISHREE DR.RUPNATHJI ARE GIVEN AS FOLLOWS:-

- *The Primal Revelation at the Heart of Civilization
- *Krishna Worship: One of Humanity's Most Ancient Traditions
- *The Great Blue Spirit Nagi Tanka Skan Skan
- *The Lion of Time
- *Contacting Vedic Empire Productions
- *Rakhi Bond of Love Saves the Life of Alexander
- *Ancient Pompeii's Lakshmi Statuette
- *Hindu Radio-Breaking the Sound Barrier
- *Philippines- A Golden Heritage
- *Gympie Gold inlaid Quartz
- *Ancient Hindu Mariners and Australian Gold
- *Lets Connect on Facebook

- *Why is Prayag-an ancient center of Hinduism now called Allahabad?
- *Have Mosques ever been built atop non-Islamic Holy Sites?
- *The Blue God of Judaism
- *Greek Othrys and the Vedic Adri Montains
- *HINDU CIVILIZATIONS OF AUSTRONESIA AND SOUTH EAST ASIA
- *Vedic Brahma and Apache Kuterastan
- *Phoenician Alphabet, Adopted by the Greeks
- *The Phoenician Creation Story
- *India-Homeland of the Phoenicians
- *Evidence Linking Ancient Troy and Central America
- *Rig Veda and the Phoenicians
- *Fly Me to the Moon God
- *Walk the Sacred Forests of Shiva
- *Updated:Vedic Roots of India's Moon Mission
- *Roots of Orissa's 'Christian' Problem
- *Ancient Orissa's Links with Rome, Japan, China, Africa and SE Asia
- *The Stanzas of Dzyan
- *The Blue-ness of God in Biblical tradition
- *The Sanskrit Dialect Known as English
- *Caitanya's Bhakti Movement Empowers India & Humanity
- *Bangalore's Shiva Cave Temple
- *Assaulting Orissa and India's Development
- *The Truth Behind Holy Amarnath in Kashmir
- *Cure For Diabetes
- *Cure For Obesity

*Care For Migraine

*Care For Obesity

*Care For Hypertension

*Cure For Hypertension

*Care For Heart Diseases

*Cure For Heart Diseases

*Care For Diabetes

*Care For Cancer

*Cure For Cancer

*Care For Infection

*Cure For Infection

*Care For Vertigo

*Cure For Vertigo

*Care For Schizophrenia

*Cure For Anger

*Care For Anger

*Cure For Hernia

*Care For Hernia

*Cure For Autism

*Care For Autism

*Care For Addiction

*Cure For Addiction

*Cure For Memory Problems

*Cure For Anxiety

*Care For Arthritis

- *Cure For Arthritis
- *Care For Ageing
- *Cure For Ageing
- *Care For Skin Problems
- *Cure For Skin Problems
- *Care For Memory Problems
- *Cure For Schizophrenia
- *Cure For Insomnia
- *Cure For Depression
- *Care For Depression
- *Care For Pulmonary Disease
- *Care For Bipolar Disorder
- *Cure For Bipolar Disorder
- *Care For Low Self Esteem
- *Cure For Low Self Esteem
- *Cure For Migraine
- *Cure For Infertility/Impotence
- *Cure For Pulmonary Disease
- *Care For Fungal Infection
- *Care For Short-Sightedness
- *Cure For Short-Sightedness
- *Care For Hypothyroidism
- *Cure For Hypothyroidism
- *Care For Hot Flashes From Menopause
- *Cure For Hot Flashes From Menopause

- *Cure For Urinary Problems
- *Cure For Excessive Sweating Of Palms & Feet
- *Cure For Achromatopsia
- *Cure For Thyroid Problems
- *Cure For Fungal Infection
- *Cure For Lower Back Pain
- *Cure For Post-Traumatic Stress Disorder
- *Care For Kid's Memory Power
- *Care For Stiff Knees & Knee Pain
- *Cure For Stiff Knees & Knee Pain
- *Excelling In Sports - Level 2
- *Excelling In Sports - Level 1
- *Care For Lower Back Pain
- *Care For Asthma
- *Cure For Asthma
- *Care For Baldness
- *Care For Food Allergies
- *Cure For Food Allergies
- *Care For Long Sight
- *Cure For Long Sight
- *Care For Dandruff
- *Cure For Dandruff
- *Care For Ulcerative Colitis and Crohn's Disease
- *Cure For Ulcerative Colitis And Crohns Disease
- *Care For Irritable Bowel Syndrome

- *Excelling In Studies - Level 2
- *Cure For Baldness
- *Care For Tinnitus
- *Care For Rapid Recovery From Illness
- *Cure For Rapid Recovery From Illness
- *Cure For Eczema
- *Care For Digestive Disorders
- *Care For Sinusitis
- *Cure For Sinusitis
- *Care For Thyroid Problems
- *Menopause
- *Cure For Nephrotic Syndrome
- *Care For Epilepsy
- *Cure For Epilepsy
- *Care For Attention Deficit Disorder (ADD)
- *Cure For Digestive Issues
- *Care For Nephrotic Syndrome
- *Care for Insomnia
- *Cure For Autoimmune Disorders
- *Care For Autoimmune Disorders
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- *Cure For Attention Deficit Disorder (ADD)
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*Hindu Festivals 2000-2043

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- *Vedic Maths India
- *CSS2
- *The Primal Revelation at the Heart of Civilization
- *Krishna Worship: One of Humanity's Most Ancient Traditions
- *The Great Blue Spirit Nagi Tanka Skan Skan
- *The Lion of Time
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- *Rakhi Bond of Love Saves the Life of Alexander
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- *Hindu Radio-Breaking the Sound Barrier
- *Philippines- A Golden Heritage
- *Gympie Gold inlaid Quartz
- *Ancient Hindu Mariners and Australian Gold
- *Lets Connect on Facebook
- *Why is Prayag-an ancient center of Hinduism now called Allahabad?

- *Have Mosques ever been built atop non-Islamic Holy Sites?
- *The Blue God of Judaism
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- *Fly Me to the Moon God
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- *The Blue-ness of God in Biblical tradition
- *The Sanskrit Dialect Known as English
- *Caitanya's Bhakti Movement Empowers India & Humanity
- *Bangalore's Shiva Cave Temple
- *Assaulting Orissa and India's Development
- *The Truth Behind Holy Amarnath in Kashmir
- *Tantra Mantra Yantra Vigyan Journal
- Yogic Meditation
- Kundalini Vigyan

- Tantra Alchemy
- Tantrik Hypnotism
- Advanced Palmistry
- Third Eye Activation
- Soul- A Joy For Ever
- Health Wealth And Prosperity
- Secrets of Shaktipaat
- Practicals of Hypnotism
- Meanings of Devotion
- The Universal Nymphs
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- Bhakti Kirtan
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- Palmistry Science & Finger Secrets
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- Social Success : Tantra Secrets
- Samadhi Siddhi
- Top Secret Mantra Rahasya
- Unpublished Spiritual Sadhana Samagra

- Sarva Prakar Dikshaayen
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- Top Hypnotism Techniques & Sootras
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- Durlabh Prayog
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‡ Birth in Chitra Nakshtra

‡ Birth in Swati Nakshtra

‡ Birth in Bishakha Nakshtra

‡ Birth in Anuradha Nakshtra

‡ Birth in Jyeshtha Nakshtra

‡ Birth in Moola Nakshtra

‡ Birth in Poorvashadha Nakshtra

‡ Birth in Uttraashadha Nakshtra

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"How to celebrate Diwali"
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" The Mahavidya Sadhanas : Bhuvaneshwari - Bestower of Absolute Power "

" The Mahavidya Sadhanas : Baglamukhi - The Victory Giver "

" The Mahavidya Sadhanas : Tara - The Provider "

" The Mahavidya Sadhanas : Dhoomavati - The Terrifier "

" The Mahavidya Sadhanas : Kamala - The Wealth Giver "

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" Anang Sadhana for Perfect Health & Vigour "

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" A Simple Practice To Get Rid Of Diseases "

"Some Simple Miraculous Charms"

"Mahakali Sadhna"

"Shree Yantra Diksha Sadhna"

Famous Tantra Books Written By Dr.Rupnathji(Dr.Rupak Nath) are given here as follows:-

1. Matsya Sukt Tantra
2. Kul Sukt Tantra
3. Kaam Raj Tantra
4. Shivagam Tantra
5. Uddish Tantra
6. Kuluddish Tantra
7. Virbhadorish Tantra
8. Bhoot Damar Tantra
9. Damar Tantra
10. Yaksh Damar Tantra
11. Kul Sharvashy Tantra
12. Kalika Kul Sharvashy Tantra
13. Kul Chooramani Tantra
14. Divya Tantra
15. Kul Saar Tantra
16. Kulavarand Tantra
17. Kulamitr Tantra
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21. Vashisht Tantra
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23. Yogini Hriday Tantra
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26. Yogini Jaalpoorak Tantra
27. Lakshmi Kulavaran Tantra
28. Taaravaran Tantra
29. Chandra Pith Tantra
30. Meru Tantra
31. Chatu sati Tantra
32. Tatvya Bodh Tantra
33. Mahograh Tantra
34. Swachand Saar Sangrah Tantra
35. Taara Pradeep Tantra
36. Sanket Chandra Uday Tantra
37. Shastra Trish Tatvak Tantra
38. Lakshya Nirnay Tantra
39. Tripura Narva Tantra
40. Vishnu Dharmotar Tantra
41. Mantra Paran Tantra
42. Vaishnavamitr Tantra
43. Maan Solaahs Tantra
44. Pooja pradeep Tantra
45. Bhakti Manjari Tantra

46. Bhuvaneshwari Tantra
47. Parijaad Tantra
48. Prayogsaar Tantra
49. Kaamrat Tantra
50. Kriya Saar Tantra
51. Agam Deepika Tantra
52. Bhav Choodamani Tantra
53. Tantra Choodamani Tantra
54. Brihast Shrikram Tantra
55. Shrikram Shidant Shekar Tantra
56. Shidant Shekar Tantra
57. Ganeshavi Mashchani Tantra
58. Mantra Mookavali Tantra
59. Tatva Kaumadi Tantra
60. Tantra Kaumadi Tantra
61. Mantra Tantra Prakash Tantra
62. Ramacharan Chandrika Tantra
63. Sharda Tilak Tantra
64. Gyan Varn Tantra
65. Saar Samuchay Tantra
66. Kalp Droom Tantra
67. Gyan Maala Tantra
68. Pooras Charan Chandrika Tantra
69. Agamoktar Tantra
70. Tatv Saar Tantra

71. Saar Sangrah Tantra
72. Dev Prakashini Tantra
73. Tantranav Tantra
74. Karam deepika Tantra
75. Paara Rahasya Tantra
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77. Tantra Ratna
78. Tantra Pradeep
79. Taara Vilas
80. Vishwa Matrika Tantra
81. Prapanch Saar Tantra
82. Tantra Saar
83. Ratnavali Tantra.

*Some Important Sanskrit Tantra books(Grantha) Written By Dr.Rupnathji(Dr.Rupak Nath) are also given below:-

1. Kali Kitab
2. Theth Karini Tantra
3. Uttar Tantra
4. Neel Tantra
5. Veer Tantra
6. Kumari Tantra
7. Kali Tantra
8. Narayani Tantra
9. Tarani Tantra
10. Bala Tantra
11. Matrika Tantra

12. Sant Kumar Tantra
13. Samayachar Tantra
14. Bhairav Tantra
15. Bhairavi Tantra
16. Tripura Tantra
17. Vamkishwar Tantra
18. Kutkuteshwar Tantra
19. Vishudh Deveshwar Tantra
20. Sammohan Tantra
21. Gopiniay Tantra
22. Brihaddautami Tantra
23. Bhoot Bhairav Tantra
24. Chamunda Tantra
25. Pingla Tantra
26. Parahi Tantra
27. Mund Mala Tantra
28. Yogini Tantra
29. Malini Vijay Tantra
30. Swachand Bhairav Tantra
31. Maha Tantra
32. Shakti Tantra
33. Chintamani Tantra
34. Unmat Bhairav Tantra
35. Trilok Saar Tantra
36. Vishwa Saar Tantra

37. Tantra Mrit
38. Maha Khetkarini Tantra
39. Baraviy Tantra
40. Todal Tantra
41. Malani Tantra
42. Lalita Tantra
43. Shri Shakti Tantra
44. Raj Rajeshwari Tantra
45. Maha Maheshwari Tantra
46. Gavakshy Tantra
47. Gandharv Tantra
48. Trilok Mohan Tantra
49. Hans Paar Maheshwar Tantra
50. Hans Maheshwar Tantra
51. Kaamdhenu Tantra
52. Varn Vilas Tantra
53. Maya Tantra
54. Mantra Raj
55. Kuvichka Tantra
56. Vigyan Lalitka Tantra
57. Lingagam Tantra
58. Kalotarr Tantra
59. Brahm Yamal Tantra
60. Aadi Yamal Tantra
61. Rudra Yamal Tantra

62. Brihdhamal Tantra

63. Siddh Yamal Tantra

64. Kalp Sutrah Tantra.etc.

Shastrishree Rupnathji(Dr.Rupak Nath) is a Tantra Siddha Maha Yogi since his birth. He is the master of ashta siddhis, radiant light of Yoga knowledge, salvator for mortal beings on earth and capable of giving them the divine experiences, master of masters, immortal. His birth was predicted thousands of years ago in Nadi Grantha."A Yogi is greater than an Ascetic, greater than an Empiricist and greater than the fruitive worker. Therefore, in all circumstances be a Yogi and to be a Yogi search for a Real Satguru by mercy of whom a soul engaging itself with sincere endeavor in making further progress being washed of all contaminations in due course of time, ultimately attains the supreme goal i.e. SALVATION."Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath)'s life is surrounded with numerous stories about miraculous deeds he has performed. There no any doubt that Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is highly realized yogi who has acquired many Siddhis and have the miraculous powers on his disposal, which he used discriminately only for the propagation of Dharma. Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) commanded respect for yogis at every place he has visited, and his ways to make this happen is very unconventional, Unpredictable and incredibly powerful, Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is as alive God amongst people, who knows the past and future and who able to bless and punish, both things which he frequently used to do. Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is highly spiritual person, and for him there is no any difference between mighty Kings and simple people, as well as between gold and stones. Since young age Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) has been famous for performance of different miracles and there exist lot of stories connected with his childhood, which is impossible to mention in this short space. The life of Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is full of so many different miracles he has performed, that it is impossible to mention all of them in this short article, for a separate book would be required to mention all of them.

SCIENTIFIC STUDY OF KUNDALINI ACTIVATION & ITS BENEFITS

Shastrishree Rupnathji(Dr.Rupak Nath) is a Tantra Siddha Maha Yogi since his birth. He is the master of ashta siddhis, radiant light of Yoga knowledge, salvator for mortal beings on earth and capable of giving them the divine experiences, master of masters, immortal. His birth was predicted thousands of years ago in Nadi Grantha. **Siddha Yogi Rupnathji has Vak siddhi meaning whatever he says has the power of turning into reality.** Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath)'s life is surrounded with numerous stories about miraculous deeds he has performed. There no any doubt that Tantra Siddha Maha Yogi Shastrishree Rupnathji(Dr.Rupak Nath) is highly realized yogi who has acquired

many Siddhis and have the miraculous powers on his disposal, which he used discriminately only for the propagation of Dharma.

Over the past decade, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji has been working closely with a team of scientists and researchers to throw more light on the mystical sciences rooted in the Vedic tradition, and reach the benefits of these sciences to people across the world.

The focus of recent studies has been the activation or 'awakening' of the Kundalini Shakti, the inner potential energy that lies latent in every individual. While Kundalini is well-known in Eastern yogic science, it is only just beginning to gain recognition as a scientific reality in Western medical circles.

Kundalini energy can be activated by various means like yoga, breathing techniques (pranayama), certain herbal preparations, creating particular vibrations in the body through the chanting of mantras, and through initiation (energy transmission) by a yoga adept whose Kundalini is already awakened. Of these, initiation is the fastest, easiest and safest way of awakening Kundalini .

Once awakened, Kundalini brings about extraordinary transformation in the body-mind system of the individual, including a huge surge in energy levels, the healing of chronic diseases and enhanced mental abilities. Beyond this, a host of other changes have been observed but had yet to be systematically studied or quantified.

STUDIES ON KUNDALINI AWAKENING PARTICIPANTS - 2009

In a breakthrough series of studies conducted in 2009, Kundalini awakening and its benefits were systematically recorded under controlled conditions in close to 600 individuals attending an intensive yoga and meditation retreat at Rupnathji Yogadhyanaapeetam's international headquarters near Gauhati, India.

Apart from daily yoga, pranayama and other supportive practices, participants of the 21-day INNER AWAKENING program were exposed to a total of 21 personal initiation sessions from Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji.

The study was based on a similar study conducted by Jeffery A. Dusck at Harvard Medical School and published in Public Library of Science in July 2007. Recordings were taken on Day 0 and Day 18 of the program.

The parameters studied included:

- Cellular energy levels
- Physical health & immunity levels
- Psychological and emotional health
- Neurological changes in the brain
- Genetic transformation, if any
- Expression of any extraordinary abilities

FINDINGS

1. Cellular energy levels assessed through mitochondrial tests:

Mitochondria are the energy powerhouses of the human cell. Mitochondrial activity in the cell is a precise indicator of the individual's metabolism rate and energy levels.

In this study, blood samples from a group of Inner Awakening participants aged above 50 years were subjected to a well-known protocol called MTT Assay for assessment of cellular energy levels.

100% of the participants in this particular study recorded a drastic increase in energy levels, averaging 967%. Studies have shown that such an increase is clearly impossible through any other known means, such as exercise, yoga or fitness training, which can effect a maximum of 40% increase in cellular energy.

THE TRUTH BEHIND THE FACTS

Deeper Secrets of Kundalini/Soul Awakening

While modern diagnostic techniques and procedures are able to definitively quantify the existence and results of Kundalini awakening, they are hardly equipped to explain why these phenomena occur.

Why, for instance, does initiation or the transfer of energy result in physical levitation?

What exactly happens during the process of kundalini awakening?

To answer these questions would require an understanding of the vast scope of the phenomenon called Kundalini, as well as a penetrating insight into the subtle workings of the human body-mind system.

Drawing from both the Vedic wisdom and his own enlightened understanding, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji here reveals the deeper truths of Kundalini/Soul awakening and its many manifestations and benefits.

The Physiology of Thoughts

Contrary to what was once believed, the brain is not the only center where our neural responses are stored. There is now growing evidence that our thoughts - which are no more than electrical signals whizzing along our neural pathways - are stored in our cellular and somatic memory, resulting in permanent changes in the way our body and mind influence each other.

Somatic memory includes 3 types of memories: engraved memories (engrams), muscle-memories and bio-memories.

Engrams are bio-chemical changes that occur in our neural tissues as the result of a powerful or persistent reaction to any situation. An engram is not an ordinary memory, but more like a photograph of the situation or event, complete with the emotional response that accompanied it. Engrams exist just below the level of our consciousness, influencing our emotional responses without our knowledge.

While engrams affect our emotional responses alone, muscle-memories are memories that have become so deeply embedded in our system that they can recreate the physical symptoms accompanying these emotions, like those experienced during strong fear or anger. Muscle memories are also responsible for our performing repetitive mechanical actions that do not require our conscious intervention, like typing or cycling.

Bio-memories are memories that are locked into our cells. They carry hereditary memories, past-life memories and memories that have become part of the very fiber of our current personality through constant repetition for years. Both physical and mental patterns can become part of our bio-memory. Bio-memories have the power to trigger physical actions like fight or flight. Mental states like depression and anxiety can quickly become part of our bio-memory if we are not careful. Bio-memories are not only unconscious, but are usually untraceable to any particular source incident.

An everyday example of how a simple thought can become an engram or a bio-memory is illustrated below.

How does a thought become an engram or a bio-memory?

A thought is simple. It rises and falls. It does not leave a mark inside you. For example, if a thought comes you - I would like to have a coffee - that is just a thought, not a pattern or engram.

But if you fulfil this thought every time by the action of drinking coffee, after a few days it becomes an engram. That is, you start craving for that particular action - you start feeling, how I wish that I could have a coffee!.. Engram is like flowing water.. it creates a certain movement in your mind.

After some weeks, you actually start feeling afraid that if you don't get your coffee in the morning every day, you will have a headache! This means that this thought is solidifying like water becoming ice - it has become part of your muscle-memory.

After one year, if you keep pursuing this habit, one day if you don't get your coffee in the morning, you will ACTUALLY get a headache! When a pattern becomes so solid that it starts affecting you physically, it is called bio-memory. Bio-memories are tough like crystal and are very difficult to break!

Can Kundalini Awakening alter our thought-patterns?

Ye and no.

Our thoughts carry a miniscule physical weight that can be a drag on our bodies. Everybody has experienced how we feel heavy on certain days, and light as a feather on certain days - even though our physical weight remains the same! This shows that our thoughts and engrams can actually pull us down. Kundalini awakening or initiation have the power to temporarily free us of our binding engrams.

But if the negative patterns continue to be encouraged, they can return and persist even after Kundalini awakening. The first initiation is an inspiration, a glimpse of a different space, an encouragement to return again and again to that high-energy space. With repeated initiation, we are constantly exposed to that elevated space. Gradually, our muscle-memory starts enjoying this space, and it becomes part of our bio-memory.

How does energy-transfer happen during initiation?

Initiation is a deeply mystical process, but it can be explained to some extent by the principle of entanglement.

Entanglement is a term used in quantum theory to describe the way that particles of energy/matter can become correlated to interact with each other in predictable ways, regardless of how far apart they are. Which means that the state and actions of one of these particles can influence the state and actions of the other through the process of interference.

Entanglement is the principle behind all processes involving energy transfer, whether spiritual healing, kundalini awakening, levitation, teleportation or materialization. An enlightened being has the power to raise others into his own elevated state by the subtle pressure of his presence. When the mind of the receiver comes in touch with the no-mind (thought-free mind) of such a being, a process similar to entanglement happens, and thoughts subside in the mind of the receiver. Entanglement happens when the receiver is mentally in tune with the source and is open to receiving the energy. eg. during spiritual healing.

When entanglement happens at the deeper level of muscle-memory, Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji gives it the name 'Entrainment'. During Kundalini awakening, entanglement can happen irrespective of the mental state of the receiver.

During initiation, entanglement penetrates the bio-memory of the receiver. That is why initiation has permanent physiological and psychological effects. Rupnathji calls this Enlightenment, in the sense that during the moment of initiation, the receiver actually experiences a space identical to that of the enlightened being. But lacking the yogic body and nervous system to retain this space, the receiver gradually loses the experience through energy 'leaks'. With repeated initiations, the experience becomes bolted to the system, and the receiver moves closer to being established in the state of enlightenment.

At KUNDALINI AWAKENING, the yoga & meditation program conducted at Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji Dhyanaapeetam's international headquarters in India, participants receive a series of powerful initiations on 5 consecutive days. This ensures that the physical and mental transformation experienced during the program are rendered long-lasting or even permanent.

Why do people levitate when the Kundalini is awakened?

Let us take the example of a bird flying.

When a bird flaps its wings, the surrounding air is pushed downward, creating a certain pressure. This downward pressure produces an opposite force that is powerful enough to defy gravity and lift the bird into the air.

We too are grounded because of the weight of the engrams we are carrying. During initiation, our engrams are momentarily lifted from us by the pressure of positive vibrations entering us from outside. Our inner space becomes light enough to combat the pull of gravity on our physical body, and we lift off the ground for a few moments.

Participant at Kundalini Yoga(INNER AWAKENING) levitates after receiving initiation from Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji

*Relaxation

In Vedic philosophy, the human body is compared to an open pot, in the sense that the same space exists both inside and outside of us, separated only by the seeming boundary of the pot (the body). The space inside us is known as chidaakaasha or ghataakaasha (literally, pot-space), while the space outside us which forms our immediate physical and mental environment is chittaakaasha. Beyond both these lies the cosmic space, paraakaasha.

During levitation, the inner space of the receiver enters into entanglement with the pure inner space of the enlightened being, and loses the dirt of thoughts and engrams contaminating it. The receiver's ghataakaasha becomes much lighter than the surrounding chittaakaasha, and as a result, the body is lifted off the ground, much like a helium balloon rises into the air.

Materialization : Science of the impossible

* Is materialization no more than an expression of the faith of the devotees? Is it deception, magic or science? Even today, the finest minds in the global scientific community are unable to explain these happenings, which are commonplace in the 90,000-year-old Indian Vedic tradition that Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji represents.

1803 – Year of the impossible

1803 was an unsettling year for conventional science. In that year, a bright young English scientist called Thomas Young performed a simple experiment that would, for the first time, destroy the comfortable solidity of the Newtonian universe. In this classic experiment, which came to be known as Young's Double-Slit Experiment, the scientist used basic tabletop equipment to prove something astonishing: light could exist simultaneously in the form of matter as well as energy, ultimately manifesting as either matter or energy depending on the observer. This extraordinary finding was to have a ripple effect on the most basic postulates of the Newtonian world, including the reality of matter itself. The dual existence of light implied the shocking possibility of a dual universe itself, existing simultaneously as matter and energy. Interestingly, Isha Vasya Upanishad, one of the primary spiritual texts of the Hindu Vedic tradition, had declared more than 10,000 years ago that all that exists in the universe is energy, including whatever appears as matter (Isha vasyam idam sarvam, yad kincha jagatyaam jagat – Isha Vasya Upanishad, v.1).

Isha Vasya Upanishad had declared more than 10,000 years ago that all that exists in the universe is energy .

It would be still another century before quantum physics could prove this theory conclusively. But Young's experiment opened the eyes of humanity to the world of quantum physics – a hitherto inconceivable plane of reality in which everything was possible – including the impossible.

2009 – the Impossible in action

Can something be created out of nothing? 'Yes!' – say the followers of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji, who are witnessing the impossible every day..

Can something be created out of nothing? Yes, say the followers of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji, who are witnessing the impossible every day at Rupnathji Yogadhyanaapeetam's Vedic Temples worldwide. Since early 2011, ardent devotees have been witnessing the miraculous appearance of innumerable sacred items, from vibhooti (holy ash) to honey to gems to small idols in the Vedic Temples or in their homes, all by a word of blessing from Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji. Well-documented and very often videographed, it seems that these extraordinary mystical happenings can neither be brushed aside nor explained!

"Hundreds of miracles being experienced by devotees, all of them occurring within minutes or hours of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji announcing that they would happen..!"

06th March 2009 : Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji in the morning Satsang blessed Kavita that she would have a rudraksha materialize. Kavita entered the prayer-room of the Rupnathji Satsang Center in Assam, for daily worship that day. To her delight, she found that a perfect rudraksh (a sacred bead in rosaries) had materialized in the hands of the idol of the deity Rupnatheshwari

07th April 2009: During a festival dedicated to the goddess Dasa Mahavidya (Mother Goddess), Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji blessed the devotees at the Rupnathji Vedic Temple in India that they would witness the appearance of holy vermilion (kumkum) at the feet of the deity of Dasa Mahavidya. And just that day the vermilion appeared at the feet of the statue of Goddess Dasa Mahavidya.

10th June 2009: Govinda Sen of Seattle, USA found an auspicious panchamukhi rudraksh (5-faced rudraksh) in his prayer-room as per Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji's blessings.

24th June 2009: In the Rupnathji Satsang Center, Poornima received a diamond set within a pearl, from her throat, receiving the energy transfer instantly on instruction from Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji who was in the Bidadi ashram in India at the time.

11 June 2009: devotees at the Rupnathji Vedic Temple, Malaysia witnessed the continuous dripping of honey from the statue of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji.

4th October 2009: Poornima received an idol of goddess Lakshmi while at the Paramahamsa Dr.Rupnathji Vedic Temple, participating in a live online satsang with Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji as Rupnathji sent his energy through her.

On 27th January 2009 , Vibhuti materialized on Rupnathji's paduka during Sri Vidya homa in a devotee's house.

In the presence of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji, devotees are experiencing materialization through Live Video conference from different parts of the world, here are few miracles:

- A disciple of Rupnathji from Rupnathji Vedic Temple

On June 7th 2009, Disciple received a big panchamuki rudraksha in her palms.

IFRAME Embed for Youtube

*Disciple,Rupnathji Vedic Temple

- Sri Atmananda from Washington:

Rupnathjiam,

Yet again one more blessings from Guruji on my Birthday. Moment he blessed me that Kumkum will appear in your palm, the divine process has been started. I also started doing the yesterday's Samyama

(Time is a lie). It allows me put me in different plane as our beloved Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji mentioned during the morning Satsang.

Sri Atmananda Seattle

Materialization & vedic science

Is materialization no more than an expression of the faith of these devotees? Is it deception, magic or science? Is it real? Even today, the finest minds in the global scientific community are unable to explain these happenings, which are commonplace in the 90,000-year-old Indian Vedic tradition that Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji represents.

According to Vedic cosmogony, our universe itself was created out of the thought-power of the god Brahma. The holy scripture Yoga Vaashishta describes how highly advanced yogis can create objects out of their mind, through a rare combination of perfect visualization and the yogic power of creation (praakaamya). Praakaamaya is one of the ashta maha siddhis or Eight Mighty Yogic Powers, accomplished only through many lifetimes of yogic disciplines, and the grace of the Divine. Unfortunately, these extraordinary sciences are all but lost to humanity today.

As on date, a few rare individuals are able to materialize items like sacred ash from their own bodies or from objects that carry their energy print. But Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji is arguably the only known being on our planet with the ability to manifest matter from energy in a matter of a few minutes, in the bodies of people sitting thousands of miles away, using nothing but his own unimaginable yogic powers!

..through a single divyashareeri (energy channel), Paramahamsa Dr.Rupnathji materialized as many as 103 precious stones in a space of a few hours

Moving easily between the dimensions of energy and matter, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji assembles and reassembles molecules in the air, creating, dissolving and re-creating objects, in materials as diverse as stone, crystal and organic compounds. On 1st September 2009, through a single divyashareeri (energy channel), Rupnathji materialized as many as 103 precious stones in a space of a few hours. It would have taken Mother Nature thousands of years to create every single one of them.

All so-called miracles are perfectly scientific happenings, based on natural laws that we are yet to fully comprehend

But as Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji Himself clarifies, there is no such thing called a miracle! All so-called miracles are perfectly scientific happenings, based on natural laws that we are yet to fully comprehend.

Materialization and quantum physics

Scientifically speaking, the process of materialization belongs to the realm of quantum physics.

The theory of Quantum Entanglement attempts an explanation of how materialization might be taking place. Entanglement is a term used in quantum theory to describe the way that particles of energy/matter can become correlated to predictably interact with each other regardless of how far apart they are. Which means, that the state and actions of one of these particles can influence the state and actions of other through the process of interference.

the divyashareeri becomes like an extension of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji's own inner space

During the process of materialization, the energy-channel becomes so attuned to Rupnathji that his/her body and mind temporarily assume the characteristics of enlightenment. In other words, the divyashareeri becomes like an extension of Rupnathji's own inner space. Dr.Rupnathji calls this the 'physiology of feeling connection'. This means that Rupnathji, purely with the power of his thought-force, can visualize any object and transfer the energy of his visualization into the body of the divyashareeri – where it is instantaneously converted into matter. Mind-bogglingly mystical – but true, nevertheless!

Materialization and superconsciousness

It must be mentioned here that unlike subjects of hypnosis or séance mediums, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji's divyashareeris (energy channels) are in a rare elevated state, characterized by high energy, peace and bliss, both during and after the process of energy transfer. Although the two processes may appear similar to an untrained eye, they actually stand at the two extremes of the consciousness spectrum. While subjects of hypnosis or mediums are operating out of the unconscious state, divyashareeris are touching the state of superconsciousness.

The tremendous influx of positive energy during these sessions sets up a process of silent transformation in the entire mind-body system of the individual

The tremendous influx of positive energy during these sessions sets up a process of silent transformation in the entire mind-body system of the individual. Divyashareeris regularly report the spontaneous healing of chronic diseases, visible age-reversal and the effortless clearing away of lifelong negative mental patterns. Post-activation assessment of these individuals has proved that the long-term effects of this energy influx extend so far as to influence their problem-solving and decision-making abilities, even harmonizing their interpersonal relationships.

Scientific validation of materialization

Today, Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji is striving to bridge the gap between traditional Vedic wisdom and modern science by putting himself under the scanner, so to speak. A dedicated team of doctors and researchers have put their expertise, time and resources into the effort to document these events for the future for the benefit of science and humanity. The latest in a series of studies conducted by this team were the tests done on Poornima, a young entrepreneur and Rupnathji's energy channel from Sultanate of Oman.

On 6th September 2009, three different studies were conducted during a 4-hour session in which Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji materialized a variety of objects through this individual, including sacred ash and precious stones. The studies were:

- Whole body baseline CT scan of the subject
- Simultaneous QEEG of Tantra Siddha Maha Yogi Shastrishree Paramahamsa Dr.Rupnathji and the subject

1) Whole body baseline CT scan of the subject

Baseline whole body CT scans proved the absence of any hidden objects in the body and vicinity of the subject

After the energy transfer from

Rupnathji to the subject, a repeat scan clearly shows the sudden appearance of a radio-opaque foreign body in the oral cavity without any delay or repositioning

The recording of the spiral CT after materialization revealed the presence of materialized objects both in sections and 3D format

2) Simultaneous QEEG of Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji and the subject

The QEEG recording of both Tantra Siddha Maha Yogi Shastrishree Paramahansa Dr.Rupnathji and the subject done during the process of energy transfer clearly showed 'Entrainment' (Synchronicity) in the brain waves of both individuals during the process of materialization, proving that a process of attunement was indeed taking place at the time.

Yoga and anti-aging

Anyone on earth would love to find the secret of anti-aging and eternal youth! The yogis of ancient India knew and practiced the secrets of anti-aging, but never had they been revealed to the world. Today, science and spirituality are coming together to discover the keys to anti-aging words: mitochondria and kundalini. What are mitochondria? Mitochondria are an essential common component of every living cell. Their primary duty is to act as the battery or the energy center of the cell. Our bodies are made up of 50 trillion cells! Fifty trillion cells work in complete union for one single purpose: keeping us alive. Every cell is an independently intelligent organism by itself, producing its own energy. For instance, one molecule of glucose can be converted to 2 ATPs (energy molecule). In the mitochondria, the same glucose will produce 32 ATP's, which is a 1700% increase in energy production. This is what keeps us fresh and active. However, the DNA of the mitochondria is highly prone to damage,

and does not have an efficient repair mechanism. A damaged mitochondria will produce less energy and more toxic free radicals, which lead to cell damage and aging: unwanted wrinkles, memory loss, change in blood pressure, rheumatism, respiratory deficiency, chronic fatigue... How to slow down, prevent, or even reverse this process is a million-dollar question and a billion dollar industry! Yoga is the age-old physical and spiritual science of experiencing and sustaining the eternal youth and reversing the aging process. All yoga traditions, like Hatha Yoga, Kriya Yoga, Raja Yoga boil down to one process: awakening the inner potential energy of the human body, called Kundalini Shakti. This energy is pure intelligence. It knows where and what to heal in your body and mind, it knows which painful memories to release, and above all how to express itself in the most creative way for your own inner fulfillment. This energy is the fulfillment what we have been looking for all our lives in the name of money, relationships, entertainment, acquisitions and so on. When Kundalini awakens, it boosts the mitochondria energy production thousandfold! Energetic mitochondria means less cell damage, health recovery, strong immune system, anti-aging and more. How to awaken the kundalini? You can follow any path of yoga and achieve the ultimate experience. However, without proper guidance, it can take years, or even lifetimes to achieve this. But why waste time and effort? When enlightened masters happen on planet earth, they bring with them the energy and the technology to help us taste the state in which they live. They can ignite the flame of enlightenment in you in the twinkling of an eye! Rare phenomena happen in the presence of an enlightened being, but it needs thorough study and interpretation. As millions are discovering around the world, with the spontaneous kundalini experience in Rupnathji's presence, lifelong diseases are healed and people start to show direct signs of anti-aging. The simultaneous practice of yoga helps the body to sustain and radiate this powerful creative energy in your daily life. Supported by the University of Ohio, the yogic phenomenon of kundalini awakening is now being meticulously studied by top scientists with the most modern equipment. Paramahansa Rupnathji is opening the doors of Eastern mysticism to the world's scientific community, demonstrating to the world a field where science meets mysticism, spirituality meets religion and the impossible becomes reality.

Depressed? Switch to a new track!

So much is being said about depression these days, that we have forgotten that depression is not such a complex problem! In fact, depression is nothing but the clinical name for chronic worrying! The mind is an excellent recording system. It stores your negative thought patterns, your complexes and your worries. Whatever you teach the mind, it learns and repeats faithfully. So watch what you tell your mind! For instance, suppose you experience a failure in business. To make it worse, your marriage breaks up around the same period. Chances are that you will begin to believe that something is wrong with you, that whatever you touch is bound to be a failure. By continuously repeating this negative idea to yourself, you help it get even more deeply rooted in your memory. As time passes, the mind begins to automatically play back whatever you have taught it, even in other situations, disturbing you without your knowledge or permission. This becomes a habit for your mind, resulting in a serious inferiority complex. Just as poor eating habits ultimately cause fat deposits to accumulate in your body, or

cholesterol to accumulate in your arteries, constant worrying can actually cause worries to solidify in your being. Just as cholesterol creates blockages in your arteries, depression creates energy blocks in your being. Depression is felt as a total low, a state past all hope. It is a state where we have handed over all controls to a monster we have created ourselves. But look at the flip side. If you can fall into depression simply by the continuous instructions you give to your mind, the way out is obvious! You don't need to fight or struggle with depression. A powerful intention to get out of depression is half the job done. Depression is like darkness. It is a product of the unconscious. It cannot survive the force of your conscious intention! Start today and take charge of your life. Your old thought patterns will try and take over. Just say "No" and change the words. It will feel awkward at first but do not give up. Put post- notes around your home, in your car, at work and anywhere else you can think with the new thoughts for the new you! In just 21 days, you will begin to see the results. The old patterns will start to lose their hold over you and the new ones will start gaining power. With this simple technique, you can walk out of depression!

Change Your Mind – Change Your Brain

Most of us when asked to point to where our brain is, will point to our head. In the same way, if ask anyone to point to where the mind is, again most of us will point to our head. We assume that the mind is somewhere in the brain. Isn't it so? Now this may seem shocking: the mind is not something located in the brain... it permeates every cell of the body! You cannot put your finger on the mind! The mind is a collection of memories, thoughts, emotions, and beliefs that constantly determine our actions and decisions. Many scientific studies demonstrate how the mind has the power to even rewire the brain! The brain has tremendous plasticity. There is constant change happening in the brain. Neurons establish new connections every day. They create new pathways for different sets of emotions and actions. The brain directly responds to our thoughts and emotional patterns: our state of mind. The brain is not hardwired as we think. What does this mean? Three fundamental points: 1.The brain is getting rewired continuously to process experiences

2.The more often we have a certain thought or experience, the stronger that network becomes

3.Most of the thoughts patterns we have developed are deeply unconscious

The third point is the key. Our unconscious thoughts often are related to frustrations, pain, worries and fears. These kinds of thoughts and emotions create blockages in the energy flow in the brain. We start developing what we call disease. With awareness we can choose what we experience. Do we want to experience love, compassion and bliss or do we want to experience anger, frustration and depression? It is up to us! When we are aware, we have a choice. Practicing both yoga and meditation is an excellent avenue that facilitates the physiological and psychological transformation. They will increase awareness and allow you to release the emotional load of past memories. Not only that, you will awaken the non-mechanical parts or subtle areas of the brain. A source of infinite creativity, which usually remains

dormant in most human beings, will be accessible to you. It is your choice. If you change your mind, you can change your brain!

Meditation makes you smarter!

There have been many studies to discern the effect of meditation on the speed and correctness of perception and response. Two specific studies were done at Liverpool John Moores University in Liverpool, England. In one study, the participants were given lines of letters with different numbers of dashes marked above the letters. They had to cross out the letters with multiple dashes, as quickly as possible. In another study, the participants were shown the words like "RED", "BLUE", "GREEN" printed in different colored inks. They had to quickly name the color of the ink the word was written in. Normally, this is difficult because your brain tends to read the word rather than look and identify the color of the ink that the word is written in! They found that the meditators were much faster and made about half the number of errors as the non-meditators. This proves that meditation directly and significantly improves your awareness, attention, memory, concentration, response time and visualization skills!

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